



ANNUAL REVIEW OF



“Boost’s mission is to champion the disadvantaged and disabled and to inspire them to overcome their challenges through the power of sport”

Boost Charitable Trust
October 2021

Review 2020 - 21

Boost was founded in 2005. We support inspiring sports programmes which would struggle to launch or be sustained without Boost's help. Over the past sixteen years, over £2.1 million has been awarded in grants.

Most of our awards are given to grass-roots programmes. Even so, whatever their hardship, the prerequisite to every award is that the applicant must demonstrate a genuine need for a financial leg-up and a real passion for their initiative.

Our mantra of 'No Passion, No Grant' has been a consistent and effective benchmark. And, over the past sixteen years, we have never been let down.



London Landmarks Half-Marathon
A key fund-raising event for Boost in 2021

£195k

Awards
committed

55

Grants

43

Locations

24

Sports

1

Gold medal

£50k

Raised from
summer challenges

Covid-19 constraints made 2020 - 21 a difficult period for both the sports and charitable sectors. Important fund-raising events were forced to cancel, sports facilities were closed, coaches and participants were locked down.

It was important that, during this difficult period, Boost should hold firm. We wanted our partners to know that, despite the challenges, they could still rely on our support. For instance, where we could, we funded interim pop-up, on-line programmes.

Thankfully now, all our funded programmes are heading back towards full strength.

This annual review highlights a wonderful mix of sporting activities across the UK and Eswatini. And, this year,, the Sam Sananes Legacy, which is administered by Boost, has backed research by the Leukaemia Foundation (Australia) to explore how exercise may relieve the symptoms of the disease. A partnership between Boost and Parkinson's UK is also poised to be launched in the coming year.



Luke Nutall (Sports Aid)*
Tokyo Finalist 1,500m, T46 classification

“*My Summer Challenges, were joyous, deeply thought-provoking, exhilarating and often very painful! Thank you to the organisers of the challenges. Thank you to my fellow half-marathon runners. And thank you to all the sponsors.*

Robert Houston. Chairman of Trustees.



Nick Cummins*
GB Squad, Tokyo Gold Medallists

Photo courtesy of Megumi Masuda / World Wheelchair Rugby

Headlines

- Our focus remains on financial hardship, physical disability, mental & learning difficulties and social-exclusion.
- During 2020-21, Boost committed awards to 37 brand new sporting programmes and 18 renewals.
- Luke Nutall and Nick Cummins who are both part-funded by Boost, starred in the Tokyo Paralympics.
- Frame (formerly Race) Running, which has received 3 years of Boost funding, is now classified as a Paralympic Sport.
- A small award to Sunbury & Walton Sea Cadets for their Paddleboarding project, increases Boost's long-term coverage to 65 different sports.
- Following the grant this year to Leukaemia Foundation in Australia, Boost has now supported sports projects in 11 overseas countries.

*Programmes funded by Sam Sananes Legacy

Projects 2020 - 21



Aerobics & Dance

Better Things; All Strong Scotland;
Bonny Downs



Boccia

Boccia England; Bidston Sports Ability



Countryside & Cricket

Belvoir Cricket & Countryside Trust*;
Wallasey CC



Cycling

Morgan Newberry (Sports Aid)*;
Ripon Community Link



Fencing

Swindon Fencing



Fitness

Be Strong; And Fitness for All; KIDS

*Programmes funded by Sam Sananes Legacy



Football

Cre8; Klik; Diggle Juniors; Hillsborough Boys; Tankerton FC; Upton Sparks



Frame Running

CP Sport*; East Lothian AC; Ellie Simpson (Sports Aid)*

“*Boost Charitable Trust goes way above and beyond simple grant giving. They give continued support as well as giving personal visits to the grantees. We feel they really care about what we do and that we can go to them for help at any time.*”

Lisa Wildman. Get Set 4 Tennis



Golf

Mark Butler Academy; Learn Hive



Multi Sports

Allsorts; Berkshire Vision; Cleethorpes Community S&E; Pink Lizard*; Power 2 Inspire; Sandwell Youth in Action

Projects 2020 - 21



Netball

Rhondda Netball



Playground Games

All Out Africa



Powerchair Football

WFA/Goals Beyond Grass*



Rugby

Advantage! Raider Braves; Orenda Circle



Running & Athletics

The Running Charity, Bury AC;
Luke Nutall (Sports Aid)*



Sailing & Paddleboarding

Disabled Sailors Assoc; Lymington
Sailability; Sunbury & Walton Sea Cadets



Swimming

Eswatini Swimming Assoc; Level Water*



Tennis

Get Set 4 Tennis; Headway; ITN Tennis;
South London Special League



Wellbeing & Health

Sport in Mind; Leukaemia Foundation (Aus)*;
Blind Aid

Other sports programmes supported by Boost in 2020-21

Archery

More than Football Academy

Hockey

Chorley Phoenix

Horse riding

Phoenix RDA

Rounders

Jigsaw

Skiing

Adaptive Snow Sports

Grants by Boost in 2020-21 have helped to bring sport to:

Australia; Barrow-in-Furness;
Berkshire; Birmingham; Bolton;
Burnley; Bury; Cambridge; Chorley;
Cleethorpes; Croydon; Denham;
Dudley; East Lothian; Eswatini;
Gosport; Greenwich Park; Hackney;
Hillsborough; Hounslow; Leeds;
Leicestershire; London; Lymington;
Manchester; Newham; Nottingham;
Perth; Pontefract, Preston; Rhondda;
Ripon; Saddleworth; Salisbury;
Sandwell; Stratford-Upon-Avon;
Stoke-on-Trent; Stroud; Sunbury;
Swindon; Tankerton; UK-wide; Wirral

*Programmes funded by Sam Sananes Legacy

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